



Registrations to Activities School-aged Teens Winter and Spring 2022

Trait d'Union has examined its offer of services for the "Winter and Spring 2022" session, taking into consideration current circumstances. In this document, you will find services provided by the organisation as well as all information required to register your child.

For whom?

These services are provided to teens. Please refer to each service's description to know the specific age group. The family must also have renewed their membership for the current year.

When?

The "Winter and Spring 2022" session begins the week of January 24th, 2022 and ends on June 5th, 2022.

When and how to register?

Please note that the number of spaces are limited; therefore, it is important that you register your child during the registration period to access the activities.

Registration will take place from November 22nd to 28th, 2022. To register your child, you must complete the form available on our web site (www.traitudunionoutaouais.com).

The form will be available as of November 22nd at 6 p.m.

Persons who do not have access to the Internet or who are less familiar with technology can **make an appointment** during the registration period and fill out their form at TUOI's offices with the help of one of our employees.

Please leave a message at 819-595-1290, ext. 23, and a member of our team will contact you to make an appointment to help you fill out the form during the registration period.

On the following pages, you will find a description on each service, including a calendar.

To make your choice, we recommend that you think carefully about your child's needs and your needs.

DAY TIME RESPITE

Respite service with a less structured program. Lots of free time and leisure activities offer at the location. Fun activities will be proposed, based on interests expressed by participants. Nearby outdoor activities could be added to the programming based on participants' interests and on the weather (walks, library, etc.).

- On Saturdays, from 10am to 4pm
- At Trait d'Union's facilities, 109 Wright Street
- \$30 per day

<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>	<u>June</u>
29/01/2022	05/02/2022 12/02/2022 26/02/2022	05/03/2022 12/03/2022	02/04/2022 09/04/2022 30/04/2022	07/05/2022 14/05/2022 28/05/2022	04/06/2022

OVERNIGHT RESPITE (14 and over)

- Educators will offer activities aimed toward community living (meal prep, cleaning, personal hygiene...) with free time and a bit less structured activity.
- For people with autism over the age of 14, all profile, living in **their natural family**.
- Once a month, from Friday evening to Sunday afternoon.
- Prior to participation, families must be available to fill out an extensive questionnaire to help our team to assess participants' need.
- At 200 Robert-Wright (Aylmer sector)
- \$100 per weekend
- Dates:
 - ⇒ January 14-15-16, 2022
 - ⇒ February 18-19-20, 2022
 - ⇒ March 18-19-20, 2022
 - ⇒ April 22-23-24, 2022
 - ⇒ May 20-21-22, 2022

ASPERGERS PROGRAM / AUTISM WITHOUT COGNITIVE IMPAIRMENT (TEENS)

- Mixed programming (face-to-face and virtual), oriented towards socialization and self-awareness.
- For adolescents attending high school with an Asperger's / no cognitive impairment profile, verbal, able to function in a ratio of 1: 4
- The participant can choose to participate in one or both of the activities. It will be important to indicate this in the registration form.

<u>In person – Socialization group</u>	<u>Virtual group with games</u>
<ul style="list-style-type: none"> • At Trait d'Union's facilities, 109 Wright Street • From 10 to 4 pm, 1 Saturday per month: <ul style="list-style-type: none"> 05/02/2022 05/03/2022 09/04/2022 07/05/2022 04/06/2022 • Cost: \$30 per day 	<ul style="list-style-type: none"> • The group meets virtually every week. Facilitators will lead discussions and games. • Wednesday evenings from 6:00 to 7 :30 p.m. from January 26th to June 1st, 2022 • Free

Assigning Spaces

Spaces will be assigned based on our space management policy (available on our web site).

We will assign spaces among all registrants, in a fair manner, based on the demand and the level of support and coaching required for each individual.

Activities will be prioritized based on people who will complete the form within the allocated time.

REGISTRATIONS WILL NOT BE ACCEPTED AFTER THE REGISTRATION PERIOD.

Process follow-up

After the registration period, the coordination team will meet to create groups in a manner that respects age groups and participants' needs while maximizing the service offer.

Parents will receive confirmation of dates provided, via the contract and by mail, before December 10th, 2022.

We look forward to hearing from you!

The Coordination Team
under the supervision of
Julie Marois, Deputy Director
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109 Wright Street, Gatineau, Qc, J8X2G7
819-595-1290, fax: 819-595-7099

Calendar for teenager activities

JANUARY

WED	THU	FRI	SAT	SUN
12	13	14 <i>Overnight respite</i>	15 <i>Overnight respite</i>	16 <i>Overnight respite</i>
19	20	21	22	23
26 <i>Virtual for teenagers</i>	27	28	29 <i>Day respite - Teenager</i>	30

FEBRUARY

WED	THU	FRI	SAT	SUN
2 <i>Virtual for teenagers</i>	3	4	5 <i>Day respite - Teenager</i> <i>Teen Aspi Pg</i>	6
9 <i>Virtual for teenagers</i>	10	11	12 <i>Day respite - Teenager</i>	13
16 <i>Virtual for teenagers</i>	17	18 <i>Overnight respite</i>	19 <i>Overnight respite</i>	20 <i>Overnight respite</i>
23 <i>Virtual for teenagers</i>	24	25	26 <i>Day respite - Teenager</i>	27

MARCH

WED	THU	FRI	SAT	SUN
2 <i>Virtual for teenagers</i>	3	4	5 <i>Day respite - Teenager</i> <i>Teen Aspi Pg</i>	6
9 <i>Virtual for teenagers</i>	10	11	12 <i>Day respite - Teenager</i>	13
16 <i>Virtual for teenagers</i>	17	18 <i>Overnight respite</i>	19 <i>Overnight respite</i>	20 <i>Overnight respite</i>
23	24	25	26	27
30 <i>Virtual for teenagers</i>	31			

APRIL

WED	THU	FRI	SAT	SUN
		1	2 <i>Day respite - Teenager</i>	3
6 <i>Virtual for teenagers</i>	7	8	9 <i>Day respite - Teenager</i> Teen Aspi Pg	10
13 <i>Virtual for teenagers</i>	14	15	16	17
20 <i>Virtual for teenagers</i>	21	22 <i>Overnight respite</i>	23 <i>Overnight respite</i>	24 <i>Overnight respite</i>
27 <i>Virtual for teenagers</i>	28	29	30 <i>Day respite - Teenager</i>	

MAY

WED	THU	FRI	SAT	SUN
				1
4 <i>Virtual for teenagers</i>	5	6	7 <i>Day respite - Teenager</i> Teen Aspi Pg	8
11 <i>Virtual for teenagers</i>	12	13	14 <i>Day respite - Teenager</i>	15
18 <i>Virtual for teenagers</i>	19	20 <i>Overnight respite</i>	21 <i>Overnight respite</i>	22 <i>Overnight respite</i>
25 <i>Virtual for teenagers</i>	26	27	28 <i>Day respite - Teenager</i>	29

JUNE

WED	THU	FRI	SAT	SUN
1 <i>Virtual for teenagers</i>	2	3	4 <i>Day respite - Teenager</i> Teen Aspi Pg	5