



Registration for group activities Teenagers Fall session 2022

Who can sign up?

These activities are offered to children and teens **6 years and up** who have **completed one full-time school year**. The family must **have renewed their membership** for the current year.

When?

The 'fall 2022' session begins on September 24th and ends on December 18, 2022.

How to enroll

The number of places available is limited. Therefore, it is very important to sign your child up for these activities within the registration period.

Registration will take place online between August 22nd and 28th 2022. To sign up, you must fill out the application form available on our website at www.traidunionoutaouais.com

The form will be online by August 22nd at 6pm.

If you do not have access to the internet or are less familiar with this type of technology, you can make an appointment with one of our staff members during the enrollment period who will be able to assist you with the process at our offices. Please contact the reception at 819-595-1290 ext.23 to schedule a meeting.

This session we offer children and teenagers recreational activities and respite service. On the following pages, you will find the definitions of each service and the dates on which they will be offered. In the appendix you will find a global calendar of the offer of service to children and adolescents for the current period.

To make your choice, we recommend that you think carefully about your child's needs and your needs.

Leisure activities

LEISURE ACTIVITIES

- Half-days of activity where participant do outing in the community
- Saturdays from noon to 4pm
- Activities are communicated in advance and should be taken in consideration while registering.
- No fees
- At Trait d'Union
- Outings :
 - 24/09/2022 : Swimming
 - 08/10/2022 : Bowling
 - 22/10/2022 : Pumkin picking
 - 05/11/2022 : Swimming
 - 19/11/2022 : Indoor mini-putt
 - 03/12/2022 : Cinema

INTEGRATION IN LEISURE ACTIVITIES

A TUOI educator accompanies a group of participants in a leisure activity provided in the community.
Here are leisure activities offered in the fall 2022

Gymnastic	Muai Tai	Introduction to rock climbing
TO BE CONFIRMED	TO BE CONFIRMED	TO BE CONFIRMED

ASPERGER PROGRAM

- Activities based on self-awareness and peer relationships
- For participants aged 13 to 18, attending high school, with an Asperger's profile (autism without cognitive impairment). Participants must be verbal and able to participate in ratio of 1 adult for 3 or 4 participants.
- Participant must be able to communicate in French
- From 11am to 4pm, every other Saturday
- No fees
- At Trait d'Union
- We strongly encourage participant to attend every day :
 - 24/09/2022
 - 08/10/2022
 - 22/10/2022
 - 05/11/2022
 - 19/11/2022
 - 03/12/2022

CLUB ADO ASPERGER

- Community outings

- For participants aged 13 to 18, attending high school, with an Asperger’s profile (autism without cognitive impairment). Participants must be verbal and able to participate in ratio of 1 adult for 3 or 4 participants.
- From 6:30pm to 8:30pm, every other Friday
- No fees
- Meeting point at the activities – will be confirmed once the activities are chosen by the participants
- Cost: Participant must have enough money to pay for the activity themselves
- Dates :
 - 30/09/2022
 - 14/10/2022
 - 28/10/2022
 - 11/11/2022
 - 25/11/2022
 - 09/12/2022

Respite program

DAY TIME RESPITE

- Respite service with a less structured program. Lots of free play and leisure activities offer at the location. – NO COMMUNITY OUTING
- For children and teenagers, all profiles
- From 10am to 4pm on Sundays
- At Trait d’Union Outaouais, 109 Wright st.
- No fees
- Dates :
 - 25/09/2022
 - 09/10/2022
 - 23/10/2022
 - 06/11/2022
 - 20/11/2022
 - 04/12/2022

OVERNIGHT RESPITE (24h) - 13 y.o. or younger

- Overnight respite. Educative team offer activities aimed toward community living (meal prep, cleaning, personal hygiene,...), with free time and a bit less structured activities.
- For people with autism age 6 to 13, all profile, living in their natural family.
- Once a month, from Friday evening to Saturday afternoon or Saturday evening to Sunday afternoon
- At 200 Robert-Wright (secteur Aylmer)
- No fees

<u>October</u>	<u>November</u>	<u>December</u>
7-8	4-5	2-3
8-9	5-6	3-4

OVERNIGHT RESPITE (48h) - 14 y.o. and up

- Overnight respite. Educative team offer activities aimed toward community living (meal prep, cleaning, personal hygiene,...), with free time and a bit less structured activities.
- For people with autism age 14 plus, all profile, living in their natural family.
- Once a month, from Friday evening to Sunday afternoon
- At 200 Robert-Wright (secteur Aylmer)
- No fees
- Dates :
 - 23-24-25 september 2022
 - 21-22-23 october 2022
 - 18-19-20 november 2022
 - 16-17-18 décembre 2022

Attribution of places

Places are assigned on a first come-first serve basis, but also following our [Group Availability Management Policy](#) (available on our website).

We will proceed to the sharing of places among all those who have registered, and this in a fair way and considering the demand and the level of supervision of each individual.

PLEASE NOTE that participant can only attend one activity per weekend.

The activities will be offered first to those who have completed the online form in the time allotted. No registration will be accepted after the registration period.

What's next?

Following the registration period, the coordination team will meet to create the groups according to the age and needs of the participants. Parents will receive confirmation of services, in the form of a contract, by mail before September 17, 2022.

Best regards,
The coordination team

Under the responsibility of
Julie Marois, assistant director
819-595-1290, ext 24
jmarois@traitdunionoutaouais.com

Calendar – Teens

SEPTEMBER

friday.	saturday.	sunday.
23 <i>Overnight respite (48h)</i>	24 <i>Tuoi's Leisure program Leisure program - Integration Asperger program</i>	25 <i>Day time respite</i>

OCTOBER

friday.	saturday.	sunday.
30 <i>Club Ados</i>	1 <i>Leisure program - Integration</i>	2
7 <i>Children Overnight Respite (24h)</i>	8 <i>Tuoi's Leisure program Leisure program - Integration Asperger program Children Overnight Respite (24h)</i>	9 <i>Day time respite</i>
14 <i>Club Ados</i>	15 <i>Leisure program - Integration</i>	16
21 <i>Overnight respite (48h)</i>	22 <i>Tuoi's Leisure program Leisure program - Integration Asperger program</i>	23 <i>Day time respite</i>
28 <i>Club Ados</i>	29 <i>Leisure program - Integration</i>	30

NOVEMBER

friday.	saturday.	sunday.
4 <i>Children Overnight Respite (24h)</i>	5 <i>Tuoi's Leisure program Leisure program - Integration Asperger program Children Overnight Respite (24h)</i>	6 <i>Day time respite</i>
11 <i>Club Ados</i>	12 <i>Leisure program - Integration</i>	13
18 <i>Overnight respite (48h)</i>	19 <i>Tuoi's Leisure program Leisure program - Integration Asperger program</i>	20 <i>Day time respite</i>
25 <i>Club Ados</i>	26 <i>Leisure program - Integration</i>	27

DECEMBER

friday.	saturday.	sunday.
2 <i>Children Overnight Respite (24h)</i>	3 <i>Tuoi's Leisure program Leisure program - Integration Asperger program Children Overnight Respite (24h)</i>	4 <i>Day time respite</i>
9 <i>Club Ados</i>	10 <i>Leisure program - Integration</i>	11
16 <i>Overnight respite (48h)</i>	17	18