



Registration Families Winter / Spring 2023

Here is the program offered in the family sector for the winter / spring 2023 semester. You will find in this document the information to register for the activities as well as a summary description of each of the activities on the calendar.

Although the majority of activities in the family sector have been suspended since the start of the pandemic, our team is currently working to gradually restore the full service offer. You will find in this document the description of the services offered to families.

Please note that to have access to these services, you must have renewed your membership for the current year.

Respite Services

Evening respite 3-13 y.o. and their siblings	Respite and babysitting service for the person with autism and their siblings. Person with autism ages 3 to 13, all profiles. <ul style="list-style-type: none"> → Friday evening from 5pm to 9pm. → At Trait d’Union, 109 Wright St. → No fees + 5\$ per meal (optional).
Daytime respite Children and Teens	Respite service with a less structured program. Lots of free play and leisure activities offer at the location – NO COMMUNITY OUTINGS. <ul style="list-style-type: none"> → For children and teenagers, all profiles. → From 10am to 4pm on Sundays. → At Trait d’Union Outaouais, 109 Wright St. → No fees.
Overnight respite (24h) Children	Overnight respite. Educative team offer activities aimed toward community living (meal prep, cleaning, personal hygiene...), with free time and a bit less structured activities. <ul style="list-style-type: none"> → For people with autism age 6 to 13, all profile, living in their natural family. → Once a month, from Friday evening to Saturday afternoon or Saturday evening to Sunday afternoon. → At 200 Robert-Wright (Aylmer). → No fees.
Overnight respite (48h) Teen and adults	Overnight respite. Educative team offer activities aimed toward community living (meal prep, cleaning, personal hygiene...), with free time and a bit less structured activities. <ul style="list-style-type: none"> → For people with autism age 14 plus, all profile, living in their natural family. → Once a month, from Friday evening to Sunday afternoon. → At 200 Robert-Wright (Aylmer). → No fees.

REGISTRATION through participant's registration

Registration will take place online between November 21st and 27th, 2022.

To sign up, you must fill out the application form available on our website at www.traidunionoutaouais.com

The form will be online by November 21st at 6 pm.

Financial aid

<p>Respite/Childcare</p>	<p>A \$75,000 fund was granted by the Board of Directors to provide financial assistance to natural families for the purchase of respite care services from outside of TUOI.</p> <p>Definitions</p> <ul style="list-style-type: none"> • Respite: Respite consists of replacing the family caregiver of a person with autism, either at home or outside the home, to allow the caregiver to take a few hours to recharge, rest and fulfill personal obligations. Respite can be offered in the home or in a community resource. • Babysitting: Babysitting (for a child) or supervision (for an adult) includes normal caretaking activities when a loved one living with a person with autism needs to be away from home occasionally for various activities of daily living. These services are usually scheduled. They may be provided in the home or in a community resource. <p>A maximum amount of \$1200* per family will be granted for the 2022-2023 fiscal year, that is, for the period between April 1, 2022, and March 30, 2023, while the allotted money is available. *This amount may be increased if there are more than two dependents in the family who have autism.</p> <p>Supporting documents, in the form of invoices, must be provided to be reimbursed for the amounts claimed. Details and the online form are available HERE (in French only – if you need help with translation, please contact us).</p>
<p>Services professionnels</p>	<p>A \$75,000 fund was granted by the Board of Directors to support families and individuals with autism in the purchase of professional services (speech therapy, occupational therapy, psychology, social work by professional who are members of a college or professional order).</p> <p>The criteria for access are as follows:</p> <ul style="list-style-type: none"> • Be a member of TUOI ; • Be a person with autism in an independent living situation or a natural or adoptive family member who is financially responsible for the welfare of a person with autism ; • Not have access to insurance to cover these costs ; • Use professional services privately between April 1, 2022, and March 30, 2023. <p>Professional fees and other eligible expenses are reimbursable at 75% to a maximum of \$1500/person with ASD who is a member of the organization. Details and the online form are available HERE (in French only – if you need help with translation, please contact us).</p>

Support for hiring self-employed workers

An information package is available for parents who wish to hire self-employed workers for respite, child care or community outings with children, teenagers or adults on the Autism Spectrum. The package includes tools and information that will help them identify their needs, a list of recruitment resources, and advice to help them prepare for the worker's arrival. A list of people who have completed ASD training through the "Autism Friendly" Program (Self-employed worker branch) is also available. We will be the "trait d'union" – the link – between the parent of the child with autism and the self-employed worker who is "Autism Friendly".

List of worker available [HERE](#)

Please note that certain costs related to hiring these self-employed workers may qualify for financial help offered by CISSSO or TUOI. Parent members who would like more information or would like to receive the "Autism Friendly Self-employed Workers" information package can write to amidesautistes@traitdunionoutaouais.com

Themed Activities

Themed activities are designed to help parents learn more about a topic related to autism. Topics are always picked according to requests from parents that are members of TUOI.

During these activities, parents acquire knowledge that will help them gain greater confidence and be better equipped to face various challenges. Care services may be offered on the premises to parents that are members of TUOI, depending on available human resources.

Informations will be available in the monthly newsletter.

Private Facebook group for parents

The group Parents TSA Outaouais (private Facebook group) was created specially to let parent members of TUOI share and exchange information, tips and advice. An education coordinator is a member of the group and can also answer questions or provide complementary information.

The group is bilingual and you are welcome to post in English if preferred

To join the group: <https://www.facebook.com/groups/ParentsTSAOutaouais>